

SOCIAL SKILLS REFERRALS

PRACTICES		
Name of Practice	Rates & Accepted Insurance	Overview & Link to Access
Aspiring Youth	Does not bill insurance. Groups are \$650 for 10 sessions	Aspiring Youth offers two key types of groups: 1) Traditional age-based social skills groups for children ages 8-18 2) Activity-based and game-based groups including: indoor rock climbing, social swimming, bowling, running club, art club, tabletop games, Dungeons and Dragons, "Girls Rule Adventure Island", and more. These groups include a facilitator who tailors the group to the needs of the students in order to target developmental goals Website: https://aspiringyouth.net/social-skills-groups/
Game to Grow	Does not bill insurance. Social groups are \$60/session	Game to Grow offers play-based groups for middle and high schoolers. Some of the group offerings include: Tabletop Role-Playing Games, Mastering Minecraft, and Magic & Mindfulness. All groups focus on developing social skills and social confidence and include a trained facilitator who provides in the moment coaching Website: https://gametogrow.org/groups/
Sparkle Spot Learning Girls' Groups	Does not bill insurance. Girls' group is \$400 for 10 sessions	Sparkle Spot Learning offers a girls-only social friendship group called "Sparkle Girls" for girls in 2 nd -5 th grade. The group explores feelings, emotional regulation, friendship, perspective taking, and unkind behavior Website: https://sparklespotlearning.com/programs-for-kids/sparkle-girls-social-friendship-group/
Spotlight Social Skills	Call to inquire	Spotlight Social Skills offers social skills groups for children in Kindergarten through high school. Groups focus on skill building and developing social confidence Website: https://spotlightsocialskills.com/
Wally's Club	Does not bill insurance. Social groups are \$70/session	Wally's Club provides social skills support for children ages 3-12. They offer 4 types of friendship groups. Groups focus on developing the following skills: entering a group, identifying feelings, regulating energy and emotions, initiating a back and forth conversation, sharing and taking turns, playing and working cooperatively with others, successfully solving problems, and more Website: https://www.wallysplaygroups.com/