

## SOCIAL SKILLS GROUP REFERRALS

Name of Practice	Insurance & Rates	Overview
Aspiring Youth	Does not bill insurance. Groups are \$650 for 10 sessions	<p>Aspiring Youth offers two key types of groups:</p> <ol style="list-style-type: none"> <li>1) Traditional age-based social skills groups for children ages 8-18</li> <li>2) Activity-based and game-based groups including: indoor rock climbing, social swimming, bowling, running club, art club, tabletop games, Dungeons and Dragons, "Girls Rule Adventure Island", and more. These groups include a facilitator who tailors the group to the needs of the students in order to target developmental goals.</li> </ol> <p>Website: <a href="https://aspiringyouth.net/social-skills-groups/">https://aspiringyouth.net/social-skills-groups/</a></p>
Game to Grow	Does not bill insurance. Groups are \$60/session	<p>Game to Grow offers play-based groups for middle and high schoolers. Some of the group offerings include: Tabletop Role-Playing Games, Mastering Minecraft, and Magic &amp; Mindfulness. All groups focus on developing social skills and social confidence and include a trained facilitator who provides in the moment coaching.</p> <p>Website: <a href="https://gametogrow.org/groups/">https://gametogrow.org/groups/</a></p>
PEERS Play	Does not bill insurance. Groups are \$75/session	<p>PEERS Play offers social skills groups for children ages 1 ½ to 7. Through play and interactive activities with same aged peers, children learn skills related to increasing their engagement, emotional regulation, social interactions, and communication.</p> <p>Website: <a href="https://www.peersplay.com/copy-of-our-philosophy">https://www.peersplay.com/copy-of-our-philosophy</a></p>
Sparkle Spot Learning Girls' Groups	Does not bill insurance. Groups are \$400 for 10 sessions	<p>Sparkle Spot Learning offers a girls-only social friendship group called "Sparkle Girls" for girls in 2<sup>nd</sup>-5<sup>th</sup> grade. The group explores feelings, emotional regulation, friendship, perspective taking, and unkind behavior.</p> <p>Website: <a href="https://sparklespotlearning.com/programs-for-kids/sparkle-girls-social-friendship-group/">https://sparklespotlearning.com/programs-for-kids/sparkle-girls-social-friendship-group/</a></p>
Spotlight Social Skills	Call to inquire	<p>Spotlight Social Skills offers social skills groups for children in Kindergarten through high school. Groups focus on skill building and developing social confidence.</p> <p>Website: <a href="https://spotlightsocialskills.com/">https://spotlightsocialskills.com/</a></p>
Wally's Club	Does not bill insurance. Groups are \$70/session	<p>Wally's Club provides social skills support for children ages 3-12. They offer 4 types of friendship groups. Groups focus on developing the following skills: entering a group, identifying feelings, regulating energy and emotions, initiating a back and forth conversation, sharing and taking turns, playing and working cooperatively with others, successfully solving problems, and more.</p> <p>Website: <a href="https://www.wallysplaygroups.com/">https://www.wallysplaygroups.com/</a></p>